

# HOUSING HELPLINES IN WATERLOO REGION



Call numbers below or 211 to be  
directed appropriately

## **Youth in Cambridge (16-29)** Argus

8:00 a.m. to midnight:

**519-998-7292**

After-hours: 519-623-7991

## **Younger Youth in K-W (12-17)** Safe Haven

24/7

**519-749-1450**

## **Older Youth in K-W (16-25)** oneROOF Youth Services

24/7

**519-742-2788**

## **Single Adults (26+)** Argus

8:00 a.m. to midnight:

**519-624-9133**

After-hours call:

Cambridge – 519-624-9305

Men in K-W – 519-742-8327

Women in K-W – 519-744-0120

## **Families** **Families in Transition**

Weekdays 8:30 a.m. to 4:30 p.m.:

**519-749-2450**

After-hours call:

Cambridge – 519-624-9305

K-W – 519-744-012

**We can help you stay housed or find a safe place to stay.**

We offer prevention and diversion supports to help you problem solve ways to stay housed or explore all safe alternatives to a shelter stay.

If you are already experiencing homelessness, our goal is to ensure you have a safe, appropriate place to stay – even for a few days until you can find something more permanent.

### **What happens when you call us?**

We recognize that every situation is different. We will talk with you to better understand your situation. Then we will work with you to come up with a plan that is right for you. It could be helping to arrange a temporary stay with family or working with your landlord to prevent eviction. We can also connect you to agencies for more help to resolve issues with your housing.

If you do need a temporary shelter stay, we can refer you to an agency for service.